

MONTAG 7.30 - 22.00	DIENSTAG 7.30 - 22.00	MITTWOCH 7.30 - 22.00	DONNERSTAG 7.30 - 22.00	FREITAG 7.30 - 22.00	SAMSTAG 7.30 - 20.00	SONNTAG 7.30 - 21.00
9.00 - 12.00 <b>Mini Oase</b>	9.00 - 12.00 <b>Mini Oase</b>	9-12 / 15.30-18.30 <b>Mini Oase</b>	9.00 - 12.00 <b>Mini Oase</b>	9.00 - 12.00 <b>Mini Oase</b>	9.30 - 13.00 <b>Mini Oase</b>	9.30 - 13.30 <b>Mini Oase</b>
8.00 - 8.40 <b>AQUA POWER</b>	8.20 - 9.00 <b>E</b> <b>AQUA EASY</b>	8.00 - 8.40 <b>AQUA POWER</b>		8.20 - 9.00 <b>AQUA POWER</b>		10.00 - 12.00 <b>Oasen Kids</b> ab 6 J. <i>Fitness + Badminton</i>
9.20 - 10.00 <b>E</b> <b>AQUA EASY</b>		9.20 - 10.00 <b>AQUA POWER</b>		9.20 - 10.00 <b>AQUA POWER</b>	9.30 - 10.10 <b>AQUA POWER</b>	9.00 - 9.40 <b>AQUA POWER</b>
10.20 - 11.00 <b>E</b> <b>AQUA EASY</b>	10.30 - 11.10 <b>AQUA POWER</b>	10.30 - 11.10 <b>E</b> <b>AQUA EASY</b>	10.30 - 11.10 <b>E</b> <b>AQUA EASY</b>	10.30 - 11.00 <b>E</b> <b>AQUA</b> <i>„FIT FOR LIFE“</i>	11.30 - 12.10 <b>AQUA POWER</b>	11.00 - 11.40 <b>AQUA POWER</b>
11.10 - 11.50 <b>AQUA POWER</b>		11.20 - 12.00 <b>AQUA POWER</b>				12.00 - 12.40 <b>AQUA POWER</b>
16.00 - 16.40 <b>AQUA POWER</b>	18.00 - 18.40 <b>E</b> <b>AQUA EASY</b>	16.20 - 17.00 <b>AQUA POWER</b>	17.40 - 18.20 <b>E</b> <b>AQUA EASY</b>	17.00 - 17.40 <b>AQUA POWER</b>		
18.20 - 19.00 <b>AQUA POWER</b>		17.20 - 18.00 <b>E</b> <b>AQUA EASY</b>	18.40 - 19.20 <b>AQUA POWER</b>			



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*Zeit für mich.*

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## Aktive Wellness & Aquafit

Herbst / Winter 19/20

